## Listening to Dr. Laura On Demand

Dr. Laura Family Plus members have some options when wanting to listen to Dr. Laura. You can use our On Demand, iTunes Podcast, or MP3 Download options to listen at your convenience 24 hours a day, 7 days a week, 365 days a year.

**On Demand**: You can listen to Dr. Laura's program right from your computer without any hassles using the following steps:

- 1. Go to <a href="www.drlaura.com">www.drlaura.com</a> and log in to your account.
- 2. In the Dr. Laura Family Members Plus area, click **On-Demand**.



3. Click the image for the date and hour to which you want to listen. Your Web browser begins to play the selected show.



4. At the end of the show, click **On-Demand** to return to the list of shows.